



The Widow s to Do List (Paperback)

By Stephanie Zia

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A year after her husband s death, backup singer Sally Lightfoot, 50, is resigned to aging gracefully - with added chocolate. She misses her irreplaceable husband desperately. In an attempt to climb out of her rut, Sally is following a to do list in her self-help bookHow To Win As A Widow, but her wildchild rock chick friend, Ramone, has other ideas and sexes up Sally s list considerably: 1.Don t do anything rash. Consider, one minute max. Decide, one minute max. DO. Done! Keep on MOVING.! 2.Don t let your worries about the future escalate out of control. Stay in the present moment. Meditation classes are good for this. Forget thinking about nothing, GET ON WITH IT. 3.Wear mascara every day, even if you re not going out. Mascara s not a magic wand. HAIR and HEELS - top and toe with style and let the rest take care of itself. 4.Get some new clothes. LESS is MORE with clothes, get a killer dress. EVERY woman should own a Westwood. 5.Exercise - train for a Fun Run. Whoever...

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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III