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Gunnison Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Menopause, even the surgical kind, is not a disease. A woman s body was created to go through this transition naturally, without interference. However, many women report challenges and symptoms, including hot flashes, night sweats, insomnia, fatigue, and a roller coaster of emotions that leave them feeling overwhelmed, highly stressed, and out of balance. This affects their health, their relationships, and even their...

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- Authored by Lori A King
- Released at 2017



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