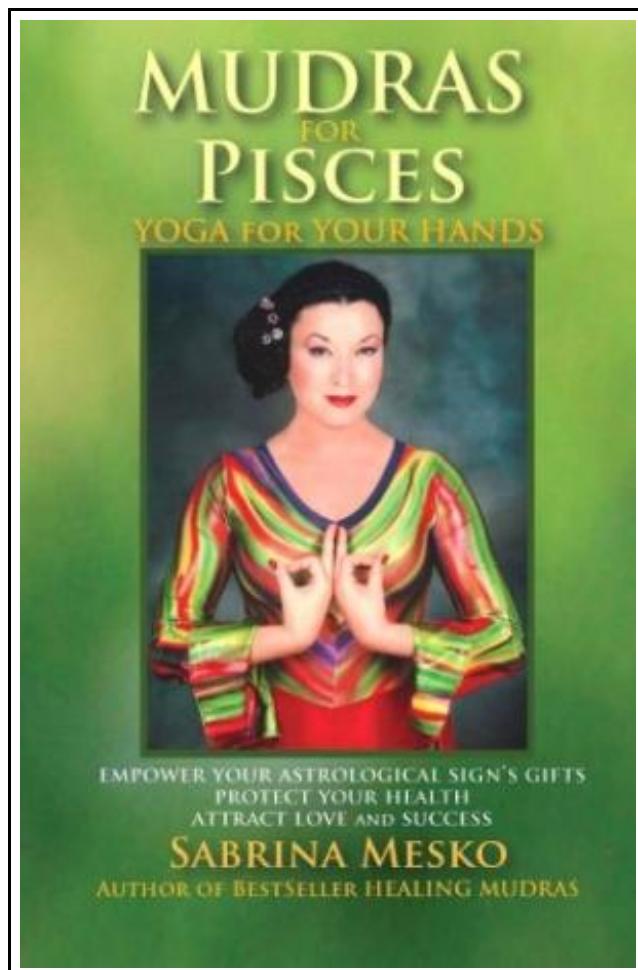


## Mudras for Pisces: Yoga for Your Hands (Paperback)



Filesize: 7.65 MB

### Reviews

*It is one of my personal favorite ebooks. It is probably the most awesome publication I have read through. You won't really feel monotony at anytime of the time (that's what catalogs are for regarding in the event you check with me).*

*(Juliet Kertzmann)*

**MUDRAS FOR PISCES: YOGA FOR YOUR HANDS (PAPERBACK)****DOWNLOAD**

Mudra Hands Publishing, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Mudra expert Sabrina Mesko Ph.D.H. is the author of Healing Mudras - Yoga for Your Hands, the first practical guide for unleashing the healing power of hand Mudras, which became a classic international bestseller and is translated into more than 14 languages. In this book from the new series titled Mudras for Astrological Signs, you will find specific Mudras for all who are born under the astrological sign of PISCES and would like a quick, easy to do technique to help TRANSCEND Your Sign's Challenges, Protect Your HEALTH and BEAUTY, attract LOVE, and establish SUCCESS. Each Mudra includes photos and instructions for practice with proper breathing exercises, mantras, chakras and colors. MUDRAS are ancient Yoga techniques for your hands. They are extremely easy to do, but very powerful and instantly effective and can bring you health, wealth, balance, success, and happiness. How? By liberating the energy locked within your body - the energy channels called nadis and energy centers called chakras - and directing it to help you meet your goals and deal with the problems of everyday life. By combining the ancient technique of Mudras with the principles of Astrology, you are magnifying their beneficial effects and improving your life on all levels. CHANGE YOUR LIFE IN 3 MINUTES, THE POWER IS IN YOUR HANDS!.

[\*\*Read Mudras for Pisces: Yoga for Your Hands \(Paperback\) Online\*\*](#)[\*\*Download PDF Mudras for Pisces: Yoga for Your Hands \(Paperback\)\*\*](#)

## You May Also Like

---



**Basketball Puzzles Book: Basketball Word Searches, Cryptograms, Alphabet Soups, Dittos, Piece By Piece Puzzles All You Want to Challenge to Keep Your Brain Young(Volume 3)**

CreateSpace Independent Publis, 2018. Paperback. Condition: New. Brand New! This item is printed on demand.

[Download eBook »](#)

---



**The salvage emotional - to deal with common emotional problems Practical Guide(Chinese Edition)**

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2002-03-01 Pages: 254 Publisher: Beijing Normal University Press title: Salvage emotions -...

[Download eBook »](#)

---



**Soccer Puzzles Book: Soccer Word Searches, Cryptograms, Alphabet Soups, Dittos, Piece By Piece Puzzles All You Want to Challenge to Keep Your Brain Young(Volume 2)**

CreateSpace Independent Publis, 2018. Paperback. Condition: New. Brand New! This item is printed on demand.

[Download eBook »](#)

---



**Sports Puzzles Book: Sports Word Searches, Cryptograms, Alphabet Soups, Dittos, Piece By Piece Puzzles All You Want to Challenge to Keep Your Brain Young**

CreateSpace Independent Publis, 2018. Paperback. Condition: New. Brand New! This item is printed on demand.

[Download eBook »](#)

---



**Horse Puzzles Book: Horse Word Searches, Cryptograms, Alphabet Soups, Dittos, Piece By Piece Puzzles All You Want to Challenge to Keep Your Brain Young**

CreateSpace Independent Publis, 2018. Paperback. Condition: New. Brand New! This item is printed on demand.

[Download eBook »](#)