



Treating Tobacco Use and Dependence: 2008 Update - Clinical Practice Guideline (Paperback)

By U S Department of Heal Human Services, Public Health Service

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Treating Tobacco Use and Dependence: 2008 Update, is a product of the Tobacco Use and Dependence Guideline Panel, consortium representatives, consultants, and staff. This Guideline is an updated version that contains strategies and recommendations designed to assist clinicians; tobacco dependence treatment specialists; and health care administrators, insurers, and purchasers in delivering and supporting effective treatments for tobacco use and dependence. The recommendations were made as a result of a systematic review and meta-analysis of 11 specific topics identified by the Panel. The key recommendations of the updated Guideline are as follows: The overarching goal of these recommendations is that clinicians strongly recommend the use of effective tobacco dependence counseling and medication treatments to their patients who use tobacco, and that health systems, insurers, and purchasers assist clinicians in making such effective treatments available. 1. Tobacco dependence is a chronic disease that often requires repeated intervention and multiple attempts to quit. Effective treatments exist, however, that can significantly increase rates of long-term abstinence. 2. It is essential that clinicians and health care delivery systems consistently identify and document tobacco use status and treat...

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