



## The Gladiator's Guide to Corporate Health and Wealth: A Battle Plan to Slay the 7 Archenemies of Corporate Profitability (Paperback)

By Dr Roger Sahoury

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on Demand \*\*\*\*\*. WELLNESS GLADIATORS UNITE Carpe Diem!

Rejoice while you are alive; enjoy the day; live life to the fullest; make the most of what you have. It is later than you think.

Horace In modern times, Wellness Gladiators require the same precise discipline and battle skills of the gladiators of old to combat the forces threatening our health. In today's world of stress, overwork, and poor health, it takes 100 dedication and discipline to achieve a revolution in health. Just as Spartacus led an uprising that would change Rome, Dr. Roger Sahoury is committed to bring together Wellness Gladiators fight against our public health crisis, changing private lives, public lives and our workplaces. This book will help companies become even more productive, profitable and run at a super charged performance level. Creating an environment that breeds healthy and happy employees that are now mission based instead of job based. Companies that strategically manage wellness see: 60 greater retention of employees, 200 more revenue per employee, and 38 increased employee engagement. Won't you join our Revolution Now?.



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