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Diet and Nutrition: For People Living with Hepatitis C (Paperback)

By National Library of Medicine, National Institute of Allergy and Infect

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*****.Diet and Nutrition - For People Living with Hepatitis C -

How Diet Affects the Liver. National Institute of Allergy and

Infectious Diseases - National Library of Medicine.

Understanding Hepatitis C and Diet. If you are diagnosed with hepatitis C infection, your healthcare provider will examine you for liver disease and prescribe medicine to get rid of the virus.

Two medicines are used to treat hepatitis C: interferon and ribavirin. Most health experts advise using both drugs together. The response to treatment varies from person to person. About 15 to 25 percent of those infected with hepatitis C will recover completely. Because other hepatitis viruses and alcohol use are associated with faster progression of the disease, health experts advise people with hepatitis C to avoid drinking alcohol and to be vaccinated against hepatitis A and hepatitis B viruses. Hepatitis C is an infectious disease affecting primarily the liver, caused by the hepatitis C virus (HCV). The infection is often asymptomatic, but chronic infection can lead to scarring of the liver and ultimately to cirrhosis, which is generally apparent after many years. In some...



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Reviews

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-- **Prof. Dan Windler MD**