



Yoga of Ghost Hunting: Tips and Techniques for Psychic Protection and More (Paperback)

By Richard Salva

Crystal Clarity, U.S., United States, 2014. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Discover a new perspective on ghost hunting. Touring haunted houses is an exciting pastime, but there is so much more to it than that! When dealing with the afterlife and metaphysical realities, it helps to have the insights of those who have explored those worlds and returned to enlighten us. Yoga to the rescue! Yoga is much more than physical postures. It is an ancient spiritual science that offers answers to many questions related to the supernatural. Learn what the yogis have revealed tips and techniques that can help you with your paranormal investigations. Let yogi-author Richard Salva enlighten you about the hidden yogic secrets that every ghost hunter should know. Discover how to: Protect yourself psychically Banish spirits Overcome fears of ghosts Connect with helpful spirits Achieve mental clarity . . . and much more! From the author's introduction: As a daily practitioner for more than thirty years of meditation and the deeper teachings of yoga, I have found it curious that, even though I have not sought them out, I have crossed paths with ghosts and other astral forces. In fact, when...



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This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ally Reichel

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

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